

Indiana IAQ

July—August 2012

About Indiana IAQ:

A new kind of newsletter that addresses the concerns of everyone interested in Indoor Air Quality (IAQ) in Indiana. From the many questions and concerns received this newsletter and the ones to follow are developed from specific concerns. Information is collected and applied this way to the articles published.

Who can write in? Anyone! Contractors, mitigation technicians, restoration and remediation technicians, real estate professionals, banks, doctors, lawyers, insurance professionals, investors, anyone with an interest in IAQ.

To submit an idea for an article, write to:
IndianaIAQ@solutionsiec.com.

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Why It Is Important To Have A Heart To Serve:

In my twenty years in the indoor environmental remediation, assessment, and consultation industry, I have worked for people who had a lot of potential - that was never realized. One person, in particular, was running a small business in a small city, performing work equaling nearly \$4 million dollars annually; however, there were several things being neglected and clients were taking notice. Through out the city people would say to me, "You don't work for . . . Do you?" (I would just smile and take note. I did not want to work somewhere with that kind of reputation, and was making plans on

moving.) Now, it doesn't take a rocket scientist to understand that this kind of public view deteriorates the successes of the past, leaving the future questionable: Will that \$4 million per year be there next year? Will the community continue to call upon the company's services or will the business just erode?

The problem, at this company, was the owner and management took their success for granted, towering themselves over others as if elite to the world around them. They believed that their service



was so important that the community could not live without them, so it didn't matter what the community thought about their attitudes - the community would mind themselves!

I disagree; in fact, I founded my business, SOLUTIONS Indoor Environmental Consulting, on four main principles that I sensed were essential for successful service and successful business growth. One of these principles directly addresses what we are talking about in this story: Having a Heart to Serve Others!

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Is Jason Yost an Industrial Hygienist?

According to the Occupational Safety and Health Administration (OSHA) industrial hygiene "is the science of anticipating, recognizing, evaluating, and controlling workplace conditions that may cause workers' injury or illness. Industrial hygienists use

environmental monitoring and analytical methods to detect the extent of worker exposure and employ engineering, work practice controls, and other methods to control potential health hazards."

OSHA, again, states

that "under the [OSHA] Act, OSHA develops and sets mandatory occupational safety and health requirements applicable to the more than 6 million workplaces in the U.S.

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Why It Is Important To Have A Heart To Serve:

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A genuine heart to serve others is essential for so many reasons. To keep it in context with this story I want to just address the difference between the two attitudes: (1) sincere care for others and (2) lackadaisically going about providing a service to others.

People are not stupid. You may be in a specialized field, but they get it. They know when you care about them and when you don't. And, when you don't, they take note. Likewise, when your heart is truly in the service that you are providing others, others notice, begin to trust and defend your service, begin to rely on your service, and begin to take your service for granted (which is a huge

responsibility for anyone who has reached this level of trust).

My colleagues and I do not take this attitude lightly, here at SOLUTIONS Indoor Environmental Consulting. We believe in what we do and in those we serve, and do it for those we serve as much as we are here to "make a living". This principle is a foundation of our existence as people and as a company, so when we hear things, from our clients, like: "I cannot say enough good things about Jason. He took the time to explain our options and made our situation become manageable. After Jason's help I was confident in our path forward to getting our problem fixed." We understand that **WE ARE THE ONES WHO HAVE BEEN BLESSED.**



So, my advice to anyone and everyone, who is reading this article, is to find your heart in your work - where ever and what ever you are - and express that heart openly, honestly and without boundaries. Your blessings will be greater than any amount of money you might receive.

May God bless you all.

Is Jason Yost an Industrial Hygienist?

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OSHA relies on, among many others, industrial hygienists to evaluate jobs for potential health hazards. Developing and setting mandatory occupational safety and health standards involves determining the extent of employee exposure to hazards and deciding what is needed to control these hazards, thereby protecting the workers."

As a result of growing influence by OSHA and the EPA on restoration, remediation and general contracting work, I often get asked, "Jason, are you an industrial hygienist?" I thought that I would share my answer with everyone.

I do not go around calling myself an industrial hygienist because I have worked so hard to earn advanced accreditation and certifications, but I am an industrial hygienist. Having attended school at Columbia Southern University, I completed a degree

program in Industrial Hygiene Management and have since moved onto a second degree program in Occupational Safety and Health (meaning I am further educated in safety and health beyond just industrial hygiene).

Industrial hygiene "is the science of anticipating, recognizing, evaluating and controlling workplace conditions that may cause worker's injury or illness".

Some people might ask, if you have that kind of education, why don't you mention it? There are several reasons for this:

Firstly, the term Industrial Hygienist does not necessarily mean that the person using that title has any third-party accreditation, award or certification. As the

American Board of Industrial Hygiene points out: "Traditionally, since the term 'industrial hygienist' has not been restricted by law, anyone who feels they have some capability to act in the realm of advising on the health and well-being of workers could label themselves as an Industrial Hygienist. They may be newly installed in an organizational position calling for such knowledge, therefore, by default, they become an Industrial Hygienist." For me, I wanted to convey something with more substance than this to those whom would be looking at me for help.

Secondly, the act of an Industrial Hygienist is to advise "on the health and well-being of workers". The ABIH further defines Industrial Hygienists as those with "technical knowledge" of occupational and industrial settings, specifically put:

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Why It Is Important To Have A Principled-based Business:

For those of you who don't know, my company, SOLUTIONS Indoor Environmental Consulting, is foundationed upon four principles:

1. Faith in God
2. Heart to Serve
3. Be empowering
4. Fellowship and team-work

I have no delusions about how intelligent and perceptive people are. I believe everyone has a God-given ability to understand and act on that understanding, and how we treat others, more specifically where our heart is, is something that is very clear to others and something they measure accurately and with good reason: They are looking for someone with whom they can trust. A huge responsibility for anyone who earns that trust.



Well, one of the ways people understand a heart to serve is based on how empowered they are having worked alongside you, consumed your product or service, and/or the quality of their lives upon your entry. If they are sensing an individualized empowerment from your presence, they are more likely to want you around. (Key word here being WANT. It is one thing to need something - another for someone to sense a desire for one service or product provider.)

None of this comes without fellowship and team-work. In my line of work, I not only work for people, serving their needs and desires for a safe and healthy environment, I also work with their service providers as a consultant so that any needed work is performed per expectations, needs and desires without risk to anyone involved. This is an impossibility for those who refuse to open their hearts, minds, and souls to others. Listening, investigating, learning, sharing, and caring are all ingredients in the receipt for success here. And, when combined with an honest heart to serve and the resource of empowerment, persistence against conflicts, limitations, complications and so forth reaps the fruit of labor in the form of trust, success, safety, and good health.



But none of these principles would amount to a hill of beans if not foundationed upon the truth (John 14:6). Having real faith in God - that is a faith that is alive and active (James 2:14-26) - is that truth upon which the foundation of sustainable heart, mind, body and soul finds rest, security, substance, wisdom, ability, joy, safety, health, purpose, and so much more. Without knowing and trusting God, nothing we attempt to do, in our service to others here at SOLUTIONS Indoor Environmental Consulting or in our personal lives, will succeed. That is why Faith in God is our first principle.

So, this is what me and my business stand upon as we go about those services we provide. My hope and prayer is that God empowers us with whatever is necessary to be that blessing to others as they may need those gifts God has granted us (those services He has given us to do here at SOLUTIONS).

May God bless you always and in all ways.



SOLUTIONS
Indoor Environmental Consulting

"Don't let problems with poor indoor air quality take control of your life. Empower yourself with SOLUTIONS—Indoor Environmental Consulting—today!"

(877) 624-7185

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SOLUTIONS IEC is a truly experienced business that, with over twenty years of mitigation, restoration, remediation and hygiene practices, can assist you in determining the Category and Condition of the damaged structure; develop a protocol that is real and specific to the structure; and can provide expertise beyond just an inspector's role. Our staff of professionals have been recognized in both indoor environmental consulting (Council-certified Indoor Environmental Consultants) and indoor environmental remediation supervision (Council-certified Microbial, Moisture, & Environmental Remediation Supervisors) - holding four of the most prestigious awards in the industry today! Don't let poor IAQ take control of your life. Empower yourself with SOLUTIONS—Indoor Environmental Consulting—today!

Serving the Indiana and Illinois states!



Is Jason Yost an Industrial Hygienist?

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"a professional who is dedicated to the health and well-being of the worker." Me and SOLUTIONS Indoor Environmental Consulting do more than work in industrial and construction work-places, so I wanted to make sure whatever I conveyed to people said that I could work for them and be credible and empowering help where ever they were.

With these two points in mind I sought peer-review in several disciplines, that I had been practicing for twenty years now. After years of peer-reviewing and costly re-reviews, I have obtained four of the most prestigious awards in the industry today:

* Council-certified Indoor Environmental Consultant or CIEC

* Council-certified Indoor Environmental [Remediation] Supervisor or CIES

* Council-certified Microbial Remediation Supervisor or CMRS

* Council-certified Structural Drying Supervisor or CSDS

These, I felt, clearly defined my disciplines in a way that was restricted in use (not everyone can legally call themselves these things because these titles are owned by the American Council for Accredited Certification, ACAC). So, for those of you looking for an Industrial Hygienist, I have been college educated and decreed in Industrial Hygiene Management,

I completed a degree program in Industrial Hygiene Management and have since moved onto a second degree program in Occupational Safety and Health

but have also been peer-reviewed in my industrial hygiene practice (along with other disciplines) and accredited, award and certified in advanced disciplines.

For more information contact me at jasony@solutionsiec.com or call toll-free (877) 624-7185 extension 1.

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